

# THE ARMY VALUES



U.S. ARMY

Many people know what the words Loyalty, Duty, Respect, Serious Service, Honor, Integrity, and Personal Courage mean. But how often do you see them in

on the job or off. In short, the Seven Core Army Values listed below are what the

## Loyalty

Bear true faith and allegiance to the Constitution of the United States and other

## Duty

Fulfill your obligations. Doing your duty means more than simply getting

U.S. Army is a complex combination of missions, tasks and responsibilities – all in

## Respect

Treat people as they should be treated. In the Soldier's Code, we pledge to "treat

people have done their jobs and fulfilled their duty. And self-respect is a vital incore-

Army value of respect, which results from knowing you have put forth

## Selfless Service

Put the welfare of the nation, the Army and your subordinates before your own. Selfless service is larger than just one person. In serving your country, you are doing your duty loyally without thought of recognition or gain. The basic building block of selfless service is the commitment of each team member to go a little further, endure a little longer, and look a little closer to see how he or she can add to the effort.

## Honor

Live up to Army values. The nation's highest military award is The Medal of Honor.

The award goes to soldiers who have shown a matter of duty, doing what develops the habit of being honorable, and solidify that habit with every value choice they make. Honor is a matter of carrying out, acting, and living the values of respect, duty, loyalty, selfless service, integrity and personal courage in everything you do.

## Integrity

In what's right, repair and mirror. Integrity is a quality you develop by adhering to moral principles. It requires that you do and say nothing that deceives others. As your integrity grows, so does the trust others place in you. The more choices you make based on integrity, the more this highly prized value will affect your relationship with family and friends, and finally, the fundamental acceptance of yourself.

## Personal Courage

Face fear, danger or adversity (physical or moral). Personal courage has long been associated with our Army. With physical courage, it is a matter of enduring physical

bravery. Facing moral fear or adversity may be a more slow process or continuous forward on the right path, especially if taking

those actions is not popular with others. You can't always get what you want, but you can always get what you need.