

Ingrid K. Weigold
(formerly Bayer)

Office

Department of Psychology
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Education

Ph.D. December 2007	<i>Counseling Psychology</i> (APA Accredited) Texas Tech University Lubbock, Texas
M.A. May 2004	<i>General Psychology</i> , Specialization in Counseling Psychology Texas Tech University Lubbock, Texas
B.A. (2) May 2000	<i>Psychology and English</i> Rockhurst University Kansas City, Missouri

Licenses

2014 Present	Licensed Psychologist in Ohio License #: 7161
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Academic Positions

2016 Present	Full Professor with Tenure, Counseling Psychology Program (APA Accredited), The University of Akron
2016 Present	Part-Time Associate Professor, Family and Community Medicine, NEOMED (Northeast Ohio Medical University)
2013 2016	Associate Professor with Tenure, Counseling Psychology Program (APA Accredited), The University of Akron
2010 2016	Part-Time Assistant Professor, Family and Community Medicine, NEOMED (Northeast Ohio Medical University)
2008 2013	Assistant Professor, Counseling Psychology Program (APA Accredited), The University of Akron
2008 2009	Instructor, Family and Community Medicine, NEOMED (Northeast Ohio Medical University)
2000 2005	Teaching Assistant and Instructor, Department of Psychology, Texas Tech University

Professional Clinical Positions

2007	2008	Staff Therapist, Student Counseling Center, Texas Tech University
2006	2007	Doctoral Psychology Intern, Counseling and Psychological Services (APA Accredited), University of Houston
2005	2006	Therapist, Student Counseling Center, Texas Tech University

Courses Taught

Doctoral	Advanced Counseling Practicum (In-Person and Synchronous Online) Applications of Quantitative Statistical Methods (In-Person and Synchronous Online) Introduction to Counseling (In-Person; Co-Instructor) Multivariate Analysis of Variance Lab (In-Person) Principles and Practice of Individual Intelligence Testing (In-Person) Psychological Research using Quantitative & Computer Methods II (Synchronous Online) Research Design in Counseling I (In-Person) Research Design and Psychometrics in Counseling Psychology (In-Person) Theories of Counseling & Psychotherapy (In-Person and Synchronous Online) DSM (Web-Enhanced) Individual and Family Development across the Lifespan (In-Person and Web-Enhanced) Issues in Sexuality for Counselors (In-Person) Tests and Appraisal in Counseling (In-Person)
Undergraduate	Abnormal Psychology (Senior; In-Person) Intermediate Statistics Lab (Senior; In-Person) Introduction to Professional Psychology (Junior; In-Person) Positive Psychology (Junior; In-Person and Synchronous Online) Statistical Methods (Sophomore; In-Person) Research Methods Lab (Sophomore; In-Person) Introduction to Psychology (Freshman; In-Person) Quantitative Methods in Psychology (Freshman; In-Person)
Medical School	Small-group seminar leader, Foundations of Clinical Assessment (In-Person and Synchronous Online) Small-group seminar leader, Primary Ambulatory Care Experience (In-Person and Synchronous Online) Rater, Clinical Standardized Assessment I Interviews (In-Person and Synchronous Online)

Refereed Publications

Martin-Wagar, C. A., & Weigold, I. K. (2023). Internalized stigma as a transdiagnostic factor for women with eating disorders. *Eating Disorders: The Journal of Treatment and Prevention*, 31(2), 173-190. <https://doi.org/10.1080/10640266.2022.2095481>

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Weigold, I. K., Weigold, A., Russell, E. J., Wolfe, G. L., Prowell, J. L., & Martin-Wagar,

Weigold, A., **Weigold, I. K.**, & Russell, E. J.

Grant Activity

2016 2017

Lead evaluator. For Porfeli, E. J. & Weisblat, G. Z.

Wolfe, G. L., Maximovich Ogg, K. A., Marino, T., Ha, C. J., & Weigold, I. K. (2021, March 5-7).
Confo

Russell, E. J., **Weigold, I. K.**, & Mowery, M. (2016, August 4-

Weigold, I. K., Weigold, A., Dykema, S. A.,

Weigold, I. K., Weigold, A., & Moeller, J. (2010, August 12-15). *College academic performance: The influence of hardiness, PGI, and self-efficacy* [Poster presentation]. American Psychological Association 118th Annual Convention, San Diego, CA, United States.

Weigold, I. K., & Mancuso, L. (2008, March 6-9). *Presenting concerns in a diverse counseling center setting* [Poster presentation]. Poster presented at the International Counseling Psychology Conference, Chicago, IL, United States.

Weigold, I. K., & Robitschek, C. (2006, August 10-13). *Trait anxie*

Yakunina, E. S., Kadeba, M., Libelo, A., & Weigold, I. K. (2011, April 1-2). *International students in the U.S.: Exploring areas of strength* [Poster presentation]. Great Lakes 24th Annual Regional Conference, Bloomington, IN, United States.

Yakunina, E. S., Libelo, A., Kadeba, M., & Weigold, I. K. (2011, April). *Multicultural competence in a global world: Working with immigrants and refugees* [Poster presentation]. Great Lakes 24th Annual Regional Conference, Bloomington, IN, United States.

Yakunina, E. S., Libelo, A., Kadeba, M., & Weigold, I. K. (2010, September 20). *Addressing the mental health concerns of international students: What counseling centers can do* [Paper presentation]. Dennis H. May 17th Annual Conference on Diversity Issues and the Role of Counseling Centers, Urbana-Champaign, IL, United States.

Natera, S. N., Weigold, A., **Weigold, I. K.**, Lam, H. Y., & Cunningham, C. T. (2010, April 16-17). *The influence*

The Journal of Positive Psychology
The Quantitative Methods for Psychology

Awards

2018

Shane J. Lopez Award for Professional Contributions in Positive Psychology,
American Psychological Association Division 17 Section on Positive Psychology

2013

College of Education Outstanding Research Award, The

2017	Present	<i>Fellow, The University of Akron Institute for Life-Span Development and Gerontology</i>
2018	Present	<i>Chair, Counseling Psychology Program Graduate Admissions</i>
2020	Present	<i>Chair, Counseling Psychology Program Curriculum</i>
2021	Present	<i>Member, The University of Akron Accessibility Liaison Council</i>
2021	Present	<i>Faculty Member, Counseling Psychology Program In</i>